

PRAYER FOR HEALING:

(Healing Energy of Love)

1. There is only the "Divine" 2. The human being is responsible 3. Respect and love every being as yourself
4. Life is eternal 5. Everything makes Sense ("Self-Evolution" [Selbstevolution] by Andreas Koch ©)

During the Prayer, you should keep your mind on something positive.
(I am ready to be healed. I deserve to be loved, etc.)

I pray that all known and unknown

**negative images, unhealthy beliefs,
destructive cellular memories**

**and all physical issues
related to this condition**

would be found, opened and healed

**by filling me with the universal light, the energy of life
and healing energy of love.**

**I also pray that the effectiveness of this healing
be increased by 100 times or more. ***

(<https://www.youtube.com/watch?v=60dW4J-vaR8>)

PRAYER FOR HEALING:

(The Love of God)

During the Prayer, you should keep your mind on something positive.
(I am ready to be healed. I deserve to be loved, etc.)

I pray that all known and unknown

**negative images, unhealthy beliefs,
destructive cellular memories**

**and all physical issues
related to this condition**

would be found, opened and healed

**by filling me with the life, light and
love of the Divine.**

**I also pray that the effectiveness of this healing
be increased by 100 times or more. ***

* (Your problem, such as an anxiety issue, headache, memories, etc.)

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THE HAND POSITIONS

Now run the Healing Code with the following Postures of your Hands at least "six minutes".
Make sure that you focus your energy through the juxtaposition of your fingertips:

1) **First Posture - Bridge:** in the middle between the nose and the center of the eyebrows, as if this were grown together.

First position - *Bridge* - in the middle between nose and the center of the eyebrows.

Holding both hands together a few inches in front of your healing center between the eyebrows at the height of the nose.
(Stimulation of the pituitary gland and the pineal gland)

First Repose Posture hands on the *cheekbones* in the *paranasal sinuses*

Position larynx / Repose Posture



2) **Second Posture – Larynx:** just above the larynx

Second Posture - *Larynx* - In front of the larynx

Keep your finger tips about five to seven centimeters below the Adam's apple.
(Stimulation of the spinal cord, central nervous system and thyroid gland)

Second Posture same posture for Repose Posture

3) **Third Posture – Jaw:** on both sides of the head behind the jawbone

Third Posture - *Jaw* - on both sides of the head behind the jawbone

Holding each hand each on their side of the head behind the jaw bone, about two inches below the temples.
(Stimulation of reactive emotional brain, with the amygdala and hippocampus and spinal cord and CNS)

Third Repose Position hands *right and left lying on the cheeks* about to mouth height



4) **Fourth Posture – Temples:** on both sides of the head, about an inch above the temples and an inch towards the back of the head

Fourth Posture - *Temples* - on both sides of the head

Holding each hand each on their side about an inch above the temples and about 1 centimeter towards the back of the head
(stimulation of the right and left hemisphere of the brain, and hypothalamus)

Fourth Repose Posture *hands resting on the right and left on the cheeks to the level of ear and temple*

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